

Examine & Bust Your Excuses

For everything that needs to be done, there is always dozens of excuses for not doing it. Doubt and fear will paralyze you if you let them.

Resolve to bust your excuses by turning them on their head. Your goals, your dreams are too important to be stopped by lame excuses. The next time you feel an excuse coming on, fight back with this list of excuse busters.

I don't know how—Then make the effort to learn.

It's too hard—Any thing worth having, or doing, or being, requires effort.

It will take too long—Then that's all the more reason to get started right away.

What will people think—That's their problem. Let them think what they will. It doesn't matter.

I'll do it as soon as I get back on my feet—Taking positive action toward your goals is precisely what will GET you back on your feet.

I might fail—Yes, when you try you might fail. However, if you don't try, then you'll certainly fail.

I'm too busy—What are you accomplishing with all that busy-ness? Simply being "busy" gets you no where.

Stop being busy, evaluate your priorities, and start taking focused, directed action.

I don't know where to start—Envision the ultimate goal, and work backwards, step by step until you arrive at something that can be done right now. Then do it. "The journey of a thousand miles begins with a single step."

Take that step, and then the next one,. Repeat until done.

I have too many obligations—In order to be of service to others, you must first be true to your own purpose in life. Your obligation to yourself is what enables you to fulfill your obligations to others.

These things never work out—That is correct. "Things" never do work out. You must work them out. The various situations you encounter provide you with opportunities, not sure bets. You must recognize those opportunities and do the work necessary to take advantage of them.

You deserve the best from yourself—no excuses. Spend your energy taking action, rather than thinking up excuses.

As your elders, when visiting unfaithful, lukewarm members, we've heard them all. This article is especially selected to be an encouragement to you who have an excuse rather than a reason. -the Elders

A Decade Together

This Sunday (the first in August) marks ten years for the Gilpin family at West Side. It is truly hard to believe that we have been together for a decade. The intervening years since our arrival have seen many changes- births, deaths, transitions of various types. Some who were not here then have become a part of West Side. Others who were here then have moved to other places. Each of us has, of course, changed.

One of our goals in moving here ten years ago was to find a place our two sons could call home and could grow to adulthood. We are delighted that they had such a wonderful place as this to fulfill both of those desires. If you ask them today where their home is, they would both say "Salem." They consider West Side to be their "church home." They had tremendous formative years here and have since moved on in establishing their own homes. We thank you from the bottom of our hearts for providing such a grand environment and solid foundation for them during these years. We could have found no place better, regardless of how long we might have looked. Thanks especially to those who have served as the leaders of and those who were "the youth" of this congregation during this time and who served as such great role models and fellow West Siders for and with them.

We are deeply grateful to you for quickly making us and continually considering us a part of the wonderful West Side family. We are thankful for your firm stand for the truth and your continual desire to do God's will. We are indebted to you for your many kindnesses shown to us through these years. We are thankful to each of you for your friendship. We are appreciative of the eldership (along with those who have served as elders in the past) for your guidance and oversight of our work during this time.

Thank you, West Side, for an inspiring and amazing decade! You are a great group of God's dear people. We love you all. We look forward to another ten years of service together, Lord willing. Let's make it a decade of unprecedented growth for God's kingdom in the valley.

-Eddy

Teens

August Dates to Remember

August 11—*Summer Youth Devo—Lake Drive*

August 12—*College Sendoff*

August 23—*Teen Bible Study*

Last Week of Youth Activities For The Summer

Saturday, July 21 – Saturday, July 28th.

Bowling at Lee-Hi Lanes was so much fun! We had 11 youth, 1 visitor and 5 adults. All enjoyed games of competition and some came prepared with their own bowling balls and shoes! It was an enjoyable day for us all.

Friday, July 27 – Saturday, July 28th.

Camp-Out/ Lock-In was the best! We had 23 people which consisted of 5 adults, 3 visitors and 15 youth! It was by far our most favorite event of the summer! We had cooked hotdogs on the grill, with baked beans, fruit, chips, and desserts! Afterwards, we played some football till almost dark, and we realized that our tents were not up! We hurriedly put our tents up, like we just had to have a place to sleep! Which was pointless because we didn't sleep!

I want to thank everyone for their support, help, and encouragement along the way this summer. I also want to thank the elders for allowing me to work with the youth and for them to see the importance of training our youth for when they grow old. Thanks again SO much!

Grat Tucker

1 Timothy 4:12 Let no man despise thy youth; but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.

A HUGE thank you to Grat for all he did with, and for our Youth this summer!!!

WOW (West Sides Older Workers)

Next meeting will be on August 14 at 10:30 here at the building. Madolia will be serving Shrimp Creole for Lunch!!

August 26—WOW lunch at Harbor Inn after morning services. Sign up sheet on the board.

Congratulations to Marguerite Charles who welcomed her 17th great-grandchild! Isabelle Joy was born last week, proud parents are Ben Tabitha Simmons.

Team Events

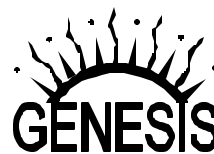
Teams 1 & 4— Will be hosting a pounding for the Cooks and Whites on August 19. Sign up for finger foods and drinks.

Team 2—Will be going to the Salem Avalanche game on August 11. Sign up sheet on the board.

Team 3—Will be have a trash pick-up on August 18.

Team 3— Will be in charge of setting up and cleaning up for the fellowship meal that will be on Sept. 9. It will be West Side's 40th Anniversary/Homecoming.

VBS a Success!!



Thanks to the creativity and dedication of nearly 75 West Side workers, thirty five children learned the truth about creation, sin and the importance of obeying God. Scenes from Genesis came to life as they watched how God created the earth, when sin first entered the world, how disobedience continued at the Tower of Babel, and the example of obedience Abraham set by following God's plan. I would like to personally thank everyone who worked so hard to make VBS 2007 a success. Your commitment to sowing the seeds of truth will reap great rewards.

-Greg Edwards

SICK

WJ Wood is in the VA Hosp, room 131, 4J.

Evelyn White has been moved to Richfield to complete her rehab. She is in room 217.

Donnie Mountcastle, **Susan Mountcastle's** husband is back in the VA Hosp., Bldg 143, 4th Floor, J Ward, Room 135.

Loren Boyd, **Ortie Boyd's** brother, suffered a stroke last week. His address is posted on the board.

Rick Foley, **Jeff Foley's** brother, is in need of our prayers.

Bill Paul and Cassie Bergwell, brother & sister of **Jo Hartman**, are having medical problems.

Novel Foley, **Josh Whitlow's** grandfather is gravely ill.

Remember the following in prayer: **Luetta Gregory, Larry Phillips, Betty Jenkins, Effie Wimmer, Marge Goodhart, Dorothy Mason.**

Our Sympathies are extended to Jim Dorsett and family in the death of his sister, Dovethia Spach.

*Happy Anniversary to:
Fred & Sandra Altizer—8/6
Glenn & Jo Hartman—8/10*

JULY & AUGUST ITEMS FOR STAFFORDS:

Sugar free puddings and Dentyne Fire/spicy cinnamon gum. Give your items to Jeanny and she will ship them over!

Library News: Help is needed in the Library.

If you are interested in helping to get books, videos, tracts, and magazines in order; please see Michelle.

EDP MEETING

The EDP meeting will be today at 4 in the large classroom.

WEDDING RECEPTION

The wedding reception for Willard and Marie Campbell has been rescheduled for tonight after evening services.

WEST SIDE SUMMER SERIES

West Side Summer Series will be "in-house" this year. Several men of our own congregation will be presenting lessons on Wednesday evenings this summer. This week will be Kyle Gilpin & Jeremy White.

PRIMARY BIBLE CLASS TEACHERS

Today is the last day for giving Danny your list of teaching supplies!!

TURN, TURN, TURN

There will be a planning meeting on August 12 at 4:30.

COLLEGE SENDOFF

The college send off will be on August 12 after evening services.

POUNDING

There's going to be a pounding for our new families on August 19 after evening services. Baskets for the Cook family and the White family are located in the foyer! Sign up for finger foods and drinks. See Tom Duff or Tom Rogers for details. This is for the whole congregation.

DALE RIDGE LADIES DAY

The Dale Ridge congregation will be holding it's first Ladies Day on September 15. Registration forms are in the foyer. They are due by September 1.

LADIES NIGHT OUT

It's almost time to start our monthly Ladies Night Out. The sign up sheet is posted in the hallway. Sign up soon!!

ADDRESSES

There is a list posted in the hallway of former West Sider's addresses. Please look over the list and add or correct these address. It will be part of our 40th Anniversary Homecoming.

August 2007

Announcements	David Brown	
Song Leader (AM)	Jeff Durham	
Opening Prayer (AM)		
8/5	Roger Mays	
8/12	Mike Durham	
8/19	Charles Maness	
8/26	Jerry Anderson	
Preside at Communion	Squeaky Valentine	
Serve Table	Herb Baker	Bob Garby
	Richard Simms	Mark Brooks
Closing Prayer		
8/5	Grat Tucker	
8/12	Luke Guard	
8/19	Mitch Jearls	
8/26	Norris Gearhart	
Song Leader (PM)	Paul Mays	
Opening Prayer (PM)		
8/5	Wayne Dixon	
8/12	Danny Guard	
8/19	Fred Altizer	
8/26	Charlie Gwaltney	
Scripture Reader	Preston Duff	
Closing Prayer (PM)		
8/5	Mike Durham	
8/12	Barry White	
8/19	Bobby Martin	
8/26	David Brown	
Serve Table (PM)	Jim Harrington	Ethan Rogers
Song Leader (Wed)	Adam House	
Prayer (Wed)		
8/1	Tom Richardson	
8/8	Grat Tucker	
8/15	Glenn Hartman	
8/22	John Black	
8/29	Sam Valentine	

Open/Close Bldg	Don Pettit	
Greeters	Duffs	Keiths
Nursery Attend	Gloria White	Shirley Baker
Ushers	Bobby Martin	Curtis Oakes
Handouts	Bob Garby	David McFalls
Alternates	Mike Durham	
Prepare comm.	Madolia Rosette	Kim Brown
Cards & Pencils	Andrew Gibson	Nathan Pelfrey

Last weeks attendance 7/29&8/1/07
 Bible Class— 144 Worship Service—173
 Eve. Worship— 161 Wed. Service—149
 Contribution—\$5223